

Adult Health Questionnaire

Please provide information which will help construct a complete health record and plan.

Name _____ Age _____ Birth date _____

What medications are you taking regular?

Name

Dose

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Are you allergic to any medications or foods? Please list:

_____	_____
_____	_____

List any surgeries (appendix, gallbladder, hysterectomy, etc.):

Name

Date

Hospital

_____	_____	_____
_____	_____	_____
_____	_____	_____

List any major illnesses (diabetes, high blood pressure, heart trouble, chronic lung problems, cancer):

Name

Date Diagnosed

_____	_____
_____	_____
_____	_____

List serious injuries:

Date

_____	_____
_____	_____
_____	_____

VACCINATIONS

Have you completed all of the usual childhood immunizations (diphtheria, tetanus, whooping cough, oral polio, measles, mumps, and rubella)? _____

When was your last tetanus booster? _____

Do you take a yearly influenza (“flu”) shot? _____

Have you ever had Pneumovax (“pneumonia shot”)? _____

If you work in a health care facility or institution for the retarded have you received Hepatitis B vaccination? _____

Date of pregnancies and deliveries: _____

FAMILY MEDICAL HISTORY

<u>Name</u>	<u>Age</u>	<u>Deceased</u>	<u>Illness?</u>
<u>Mother</u> _____	_____	_____	_____
<u>Father</u> _____	_____	_____	_____
<u>Brother(s)</u> _____	_____	_____	_____
<u>Sister(s)</u> _____	_____	_____	_____
<u>Children</u> _____	_____	_____	_____

List any family members with cancer:

<u>Relationship</u>	<u>Type of Cancer</u>
_____	_____
_____	_____

PERSONAL HISTORY

Where were you born? _____ How many years in school? _____

Present marital status: _____

Occupation: _____ Spouse’s occupation: _____

Religious preference: _____ Hobbies or interests: _____

HEALTH HABITS

How much do you smoke? _____ Packs/day _____ None

How much alcohol do you drink? _____ How much do you exercise? _____

How often do you use a seatbelt? _____

Do you have any financial or stressful family problems which may be affecting your health?

Are you having any of the following problems? (please check)

_____ Visual problems _____ Blood in stool _____ Decreased hearing
_____ Difficulty passing urine _____ Lump in breast _____ Sore that doesn't heal
_____ Unexplained sweats _____ Recent unexplained weight loss

FAMILY

Mother's occupation _____ Father's occupation _____

Who does the child live with? _____

Who cares for the child during the day? _____

Who lives in your home? _____

Is there any known family history of inherited diseases? (hemophilia, sickle cell disease, deafness, Juvenile diabetes, etc.) _____

Have there been any changes in the home which may be affecting your child? _____

SCHOOL

Please comment on your child's school progress:

Academic: _____

Social: _____

Athletic: _____

Are there any sexual development issues which you would like discussed with your child?

Additional comments: _____

Signature

Relationship

Date